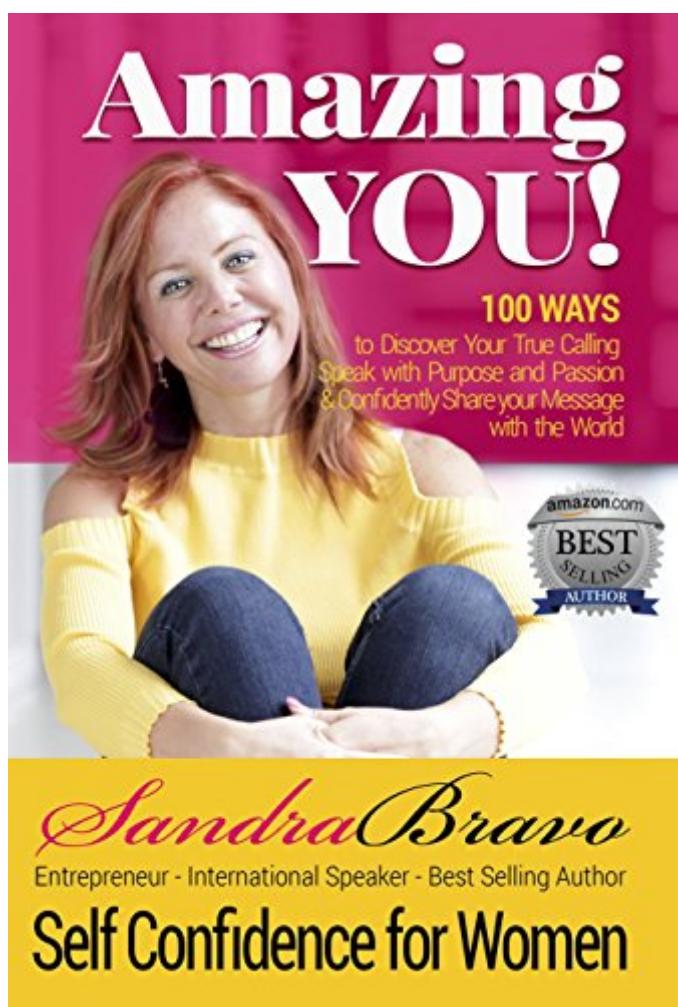


The book was found

# Amazing YOU! Self Confidence For Women: 100 Ways To Discover Your True Calling, Speak With Purpose And Passion & Confidently Share Your Message With The World





## Synopsis

Amazing YOU is the best way to help Women shift their thinking from "I'm not good enough" to believe in themselves and go for it, because so many opportunities can be unlocked with a bit of confidence! Amassing YOU really looks at what women can do to help themselves, and make the small changes in their life that helps them find their voice and become strong enough to follow their true calling. In this book, Sandra Bravo teaches a unique set of behaviors and habits -- 100 of them -- that allows women to stop the sabotage, she helps you eliminate these unconscious mistakes that could be holding you back and offers invaluable coaching tips you can easily incorporate into your daily social and business life. If you recognize and change the behaviors that say "girl" not "woman", the results will pay off in career opportunities you never thought possible and in an image that identifies you as someone with the power and know-how to lead the life of your dreams. Sandra, an international speaker, is making a great contribution in an area that is very important today: The role of women in the worldâ|. In todayâ™s globally competitive world, an important factor for success amongst women is the ability to develop self-confidence and stand out from the rest. Sandraâ™s work will guide you through a simple process over the next 100 days to boost your confidence and to take a leap of faith to finally start living the life of your dreams, with a series of small habits that produce great results. AmaSSing YOU is a powerful community of women that has members worldwide who support one another and protect each otherâ™s confidence. Public recognition which is one of the powerful processes in this book is an endorsement that goes a long way in inspiring other women, boosting confidence and increasing productivity. Positivity and confidence are the key factors of this book that can inspire women to become successful and fulfilled. This book is for women who want to be more successful and fulfilled because at the end of 100 days you will have more confidence in yourself and seek opportunity to drive change. AmaSSing YOU gives you the tools to overcoming roadblocks in life, to jump over them and think big. Sandra Bravo offers a powerful and inspiring book that explores how to cultivate the courage, compassion, CONFIDENCE and connection to embrace your imperfections and to recognize that you are good enough. Sandra Bravo shares a very easy way of engaging with the world from a place of worthiness. In this 100 days, Sandra engages our minds, hearts, and spirits to develop a new CONFIDENT YOU, allowing you to believe that you are worthy of love and belonging. Sandra creates a deep emotional connection with her readers. Each chapter will trigger numerous "ah-Ha!" moments because the perspectives in AmaSSing YOU ring true, and Sandra re-labels certain attitudes and experiences in a way that's both startling and, importantly, hopeful. The results that Sandra Bravo presents in this easy to read book are nothing short of fascinating, and they function not as a how-to manual for

quickly fixing an out-of-balance life, but as a set of powerful tools with which to cultivate a richer, more fully engaged and connected life with a new CONFIDENT YOU!<http://sandrabravo.live/speaker>

## **Book Information**

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## **Customer Reviews**

This book was years in the making. Sandra has a keen insight into our modern women's world. We as women need to have a friend like Sandra and a family of sisters like the Amasssing Ladies. We all need to discover our true calling, to live a life where our Passion becomes our Purpose. Sandra shares that it is all within us. All of us have it, she shares very generously, the importance of gratitude, practical ideas of using laser focus, time management for gaining productivity, the power of community, etc. I don't believe anyone reading this 100 ways to discover your true calling will be disappointed. I read ahead to see what it was all about and I wasn't disappointed, in fact, I couldn't put it down. So many ideas to get started on immediately. No need to wait to implement. The idea

you miss today, could set you back six or twelve months. Don't let that happen to you. Make the connection NOW with Sandra and 'Amazing YOU! TODAY!!!

This book by Sandra is awesome. Practical advise that you can put to work. You might have to stretch yourself a bit. Good gift for your loved ones. Strongly recommend take good notes and go to work.

Build a foundation of confidence and you've got the keys to the kingdom. As a midlife woman's fitness and weight loss coach and fitness business consultant I know this is a key to success. If your foundation is solid you can make mistakes, fail and fall forward, move into the unknown and not have all the answers and be OK with that. Empower yourself and read this!

From the moment I started to read it, the book captivated me. The author began with the encouragement to celebrate. Yes, I'm doing OK, I'm having the right direction, I'm proud of myself. Always good to hear, as a woman. The book covers 7 areas of life, to follow in 100 days. Each day includes a theme with an eventual call to action. The action to de-commit from the things I really shouldn't be doing at all, was a good reminder. I loved the book very much and I will reread it for sure.

What a great read! It was a pleasure to pick up some new tips for engaging in the world with more self-confidence. I love Sandra's enthusiasm and "you go girl" enthusiasm. Made me want to go out and kick some a\*\*! LOL! Seriously, though, building self-esteem is a life-long journey, in my experience, and Sandra offers real, practical tools for doing so.

Sandra is such an amazing and empowering force of nature. Her leadership style is sprinkled with such deep love, kindness and a good kick in the butt to get you moving, stop procrastinating and leave behind your excuses, to fully embrace your dreams. This book is a journey where you are taken by the hand, you'll feel loved, nurtured and supported in achieving what you truly want and mostly, by the end of the 100 days, you'll feel worthy and that you truly deserve it. Must read if you are a woman with high dreams and just need a little push, that little stretch that'll make all the difference in your life.

Very amasssing book. Sandra has a way with words and getting across her point. Very uplifting

reading. Recommend highly for anyone wanting to feel better about themselves.

Sandra's writing style is terrific! I got so much out of this book and look forward to her next book. Thank you for genuinely caring about women Sandra.

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